MEDICINAL MINDFULNESS ACADEMY & PSYCHEDELIC SITTERS SCHOOL

Arts-Integrated & Mindfulness-Based Psychedelic Therapy Training Program v15 2026

DIDACTIC / ACADEMIC / ADVANCED ELECTIVES

Saturday Seminars - Medicinal Mindfulness Academy - A Colorado Licensed Mushroom Facilitator Training

[*Seminars can be completed in 6 months - Each class offered 2x year*]

1. All Things Psilocybin Mushrooms - Dosing & Research
2. Indigenous, Social & Cultural Considerations
3. Screening & Crisis Intervention (PFA Series) *
4. Psychedelic Preparation
5. Navigating Professional Boundaries & Safe Touch
6. Ethics & Regulations 1
7. Ethics & Regulations 2
8. Facilitator Development & Self Care
9. Suicide Prevention (PFA Series) *
10. Psychedelic Integration
11. Psychedelic Group Facilitation

Trainee License

Weeklong Psilocybin Practicum

NMHA Consulting

Facilitator & Clinical Facilitator License *1 year*

* Basic Life Support Required

SKILL DEVELOPMENT

Psychedelic Guide Training - Psychedelic Sitters School

1 2 3 4 5 6 — *3 Month Skill Development Series*

Initiation Intensive (B) (C) (P)

or

Psychedelic Cannabis Practicum 1 (C)

Psychedelic Cannabis Practicum 2 (C)

Webinars

All Things Psilocybin Mushrooms (P)

Psilocybin Mushroom Practicum (P)

can be co-occurring credentials

Mindfulness-Based Psychedelic Guide Credentialing *6 - 12 months* (C) (P)

The Medicinal Mindfulness Academy Licensed Healing Center (P) (K)

Bonus Webinars

Natural Medicine Lectures

All Things Psychedelic Cannabis (C)

Lessons From the Dragons

Psychedelic Mystery School Webinars

Therapeutic Presence & Trauma-Informed Care

1 2 3 4 5 6 — *6 Week Skill Development Series*

Webinars

Clinical Natural Medicine Lectures

Webinars

All Things Clinical Ketamine (K)

Psychedelic Therapy Intensive (B) (C) (K)

Clinical Ketamine Practicum (K)

Begin Working Professionally During Credentialing

Mindfulness-Based Psychedelic Therapist Credentialing *1 - 2 years* (C) (K) (P)

Center for Medicinal Mindfulness Religious Foundation (C) (P) (D) (X)

ELECTIVES / CONTINUING EDUCATION / ADVANCED PRACTICE

Music as a Guide 1 & 2

Psychedelic Business Acumen & Conscious Entrepreneurship

Cannabis-Assisted Movement Facilitation

Myth, Art & Medicine

Psychedelic First Aid (PFA) - Basic Life Support & Emergency Care *

CMM Professional Practice Orientation

SPECIALITIES

- (B) - Breathwork
- (C) - Psychedelic Cannabis
- (K) - Clinical Ketamine
- (P) - Psilocybin Mushrooms
- (D) - N,N-DMT
- (X) - DMTx

Future Specialities

- (M) - Mescaline (non-peyote)
- (5) - 5-MeO-DMT

Advanced Medicine Practices

Webinars

All Things N,N-DMT (D)

N,N-DMT Practicum (D)

DMTx Psychonaut Training (D)

DMTx Initiation (X)

Webinars

All Things Mescaline (M)

Mescaline Practicum (M)

Webinars

All Things 5-MeO-DMT (5)

5-MeO-DMT Practicum (5)

Application Required

Psychedelic Mystery School Annual Community Gathering (B) (C) (K) (P) (D) (M)

Mindfulness-Based Psychedelic Specialist Credentialing *3 - 5 years* (C) (K) (P) (D) (M) (5) (X)

MMServices Professional Support

Psychedelic Shine.com

INDEPENDENT PROFESSIONAL PRACTICE

Required for Psychedelic Guide Training (PGT)

Required For NMHA Licensing

Required for Both PGT & NMHA Licensing

Required For Specialist Credentials

Advanced Practices

Electives / Community / Professional Practice

* Psychedelic First Aid (PFA) Series

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